



**Family Resource Centre
Workshop/Presentation Request Form**

Please note Presentation or Workshop requests should be submitted a *minimum of 4 weeks in advance.*

Requester Name:
Requester Title:
Department/Organization:
Contact Phone #:
Contact E-mail (include full e-mail address):

Presentation Topics

A list of presentation topics can be found below. Customized or unlisted topics are also available.

Please identify your topic(s) below or suggest a customized topic.

<ul style="list-style-type: none"> <input type="checkbox"/> Positive Discipline Workshop: Learn proven discipline strategies for successful parenting. <input type="checkbox"/> Darkness to Light: 5 Steps to prevent Child Sexual Abuse- training for adults on how to prevent, recognize and react responsibly to child sexual abuse. <input type="checkbox"/> Talk Early, Talk Often: Provides parents with skills to keep children safe and develop healthy sexuality. <input type="checkbox"/> Single Parenting: Provides positive strategies to support single parents. <input type="checkbox"/> How to Bully Proof Your Child: Session addresses bullying behaviours whether your child is being bullied or is the bully. <input type="checkbox"/> Talk Early, Talk Often – Drug Edition: Learning about the effects of underage drug and alcohol abuse and how to prevent underage use. <input type="checkbox"/> Temperaments in the workplace: Understanding individual’s temperaments and its impact on the workplace. <input type="checkbox"/> FRC Services Info Session: An overview of FRC’s services and what we offer. 	<ul style="list-style-type: none"> <input type="checkbox"/> Teen Pregnancy Prevention (School Based): Provides pre-adolescents & adolescences with knowledge and skills to value their bodies and make positive choices to protect their future. <input type="checkbox"/> Anti- Bullying Prevention Programme (school based): Provides students with understanding and skills on how to prevent bullying behaviour safely. <input type="checkbox"/> Co-Parenting – Communicating Effectively: Session focuses on strategies on how to build and/or improve healthy communication with co-parent. <input type="checkbox"/> Understanding Children’s Temperaments: Learning how to cope with your child’s behaviour based on their individual temperament. <input type="checkbox"/> Learning Your Family’s Love Language: Understanding different ways each family member may give or receive love and also how to build stronger bonds through communication. <input type="checkbox"/> Stress Management: Understanding how to manage stress in everyday life, whether it is work and school, work and home or having no job. <input type="checkbox"/> SNAP Information Session: Learning about SNAP, which stands for Stop Now and Plan, SNAP® helps children and their parents learn how to effectively manage their emotions and ‘keep problems small’.
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Recommended Topic:

Requested Date:



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Requested Time: (Evening delivery of a presentation is contingent on the location or District)

Alternate Dates (in the event requested date is unavailable):

Length of Presentation (in minutes):

Expected Number of participants:

Location (District, Building and Room #):

Please indicate whether the following will be provided:

- Laptops
- Projector Speakers
- Wi-Fi
- Smartboard
- Microphone
- Childcare
- Refreshments

Additional Comments:

Please indicate whether you would like to be added to the FRC Distribution List. You will receive our monthly newsletter as well as programme, services and public awareness campaign updates.

- YES
- NO

Requester Name (Printed): _____

Title: _____

Signature: _____

Date: _____

Please submit completed form to frc@gov.ky

- ❖ Please advise a minimum of 48 hours, if possible, for cancelation if needed.
- ❖ Please note that submission of this form is not a confirmation.

A confirmation email will be sent within a minimum of 5 business days once this application is reviewed by the Family Resource Centre.